**Clinical question**

**Patient Problem**
Describe the ones that you come into contact with and are relevant to your practice.

**Intervention**
Interventions can be types of dressings, drug therapies, placebos or counselling. Also they can be about the provision of differing environmental factors or deal with the way in which information is given to patients. They can also be diagnostic tests.

**Comparison Intervention**
This can be a standard therapy, though it may also be no intervention a placebo or an alternative treatment, exposure or diagnostic test.

**Outcomes**
Make a distinction between the outcome which is relevant to your patient or problem and the outcome measures deployed in studies. Spend some time working out exactly what outcome is important to you, your patient, and the time-frame which is appropriate.